

# Workshop Registration

Mid-Atlantic District Conference, October 12, 2019

Hagerstown Church of the Brethren

Registration Deadline – September 20, 2019

*There is no charge for workshops, but registration is required. Seating is limited.*

Church \_\_\_\_\_ Name \_\_\_\_\_

Please complete one workshop registration form per delegate or attendee.

## MORNING WORKSHOPS 11:00 am – 11:45 am

Please choose one morning workshop.

\_\_\_\_\_ **Fahrney Keedy - Planning for your Retirement:** Our presentation will cover services offered at Fahrney Keedy and insight on financial preparedness when preparing for retirement.

*Presenters: Steven Coetzee, President & CEO; Becky Musser, Director, Community Engagement, Fahrney Keedy Home and Village*

\_\_\_\_\_ **Social Media Impact on Children and Adolescents:** The presentation will focus on helping members of the community understand what kinds of social media young people are using, how the brain is impacted by use, understanding the impact of the use on things like empathy, relationships and learning ways to help young people take technology and social media breaks and understand how to be good digital citizens.

*Presenter: Susan Corley, Brook Lane*

\_\_\_\_\_ **Brethren Disaster Ministries Volunteer Opportunities:** This presentation will cover some of the history, challenges, policies and procedures of this "Faith in Action" arm of the Church of the Brethren. Special emphasis will be placed on current volunteer opportunities and on what the volunteer can expect during their week on site.

*Presenter: Dave Klein, Disaster Response Co-coordinator for Mid-Atlantic District*

\_\_\_\_\_ **Putting the Pieces in Place for your Retirement:** Does retirement seem like a jigsaw puzzle? Are you trying to figure out if you have enough money to retire, when you are going to retire, and is everything going to fall into place? This session will explore some of the items that you need to consider for retirement readiness.

*Presenter: Scott Douglas, Director of Client Relations, Brethren Benefit Trust*

\_\_\_\_\_ **M.A.D. Budget Workshop:** In-depth review of the coming year's budget prior to the conference vote.

*Presenter: Chris Stockslager, Manager of District Operations, Mid-Atlantic District Church of the Brethren*

## AFTERNOON WORKSHOPS 1:00 pm – 1:45 pm

Please choose one afternoon workshop.

\_\_\_\_\_ **Planning for Your Retirement:** Please see the description above.

\_\_\_\_\_ **Social Media Impact on Children and Adolescents:** Please see the description above.

\_\_\_\_\_ **Brethren Disaster Ministries Volunteer Opportunities:** Please see the description above.

\_\_\_\_\_ **Proven Strategies for Preventing and Managing Burnout:** This presentation will assist in identifying the causes and symptoms of burnout in congregational and ministerial caregiving. Suggestions for managing congregational and institutional dynamics as well as implementing proven self-care and self-management strategies to prevent and manage burnout.

*Presenter: Dr. Orville Browne, ThD, CPS, Director of Spiritual Care and Education, Meritus Medical Center, Hagerstown, MD*

Return to: Mid-Atlantic District ● 19 Bond St. ● Westminster, MD 21157

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